



## **Massage Therapist – Oncology Clinic Annual Review by Tricia Pierre, Massage Therapist**

### **Requesting a total contribution of \$42,000**

Over the past year, my role as a massage therapist within the oncology clinic at LGH has extended far beyond hands-on treatment. I have remained committed to providing safe, informed, and compassionate care that supports both the physical and emotional wellbeing of each patient.

### **Clinical Preparation & Coordination**

Each day begins with gathering and reviewing the client list to ensure I am fully prepared for scheduled and potential visits. I organize and sanitize my supplies, ensuring readiness to provide safe, high-quality care in alignment with clinic standards. Prior to seeing patients, I thoroughly review patient files to assess their current medical status, contraindications, and overall well-being. This preparation allows me to determine whether massage is appropriate and how best to adapt techniques to meet their needs. I actively collaborate with nursing staff, discussing patient cases to ensure alignment with ongoing treatment plans. When necessary, I consult directly with the attending physician to clarify care considerations and maintain safety. This interdisciplinary communication ensures that massage therapy is integrated responsibly within the oncology care plan.

### **Patient-Centered Care & Human Relations**

My role consistently extends beyond physical touch. I strive to embody the human relations aspect of care, recognizing that oncology patients often need emotional presence as much as physical relief. I greet each patient and their companion, when present with warmth and respect. I create a safe, welcoming environment where individuals feel acknowledged from the moment we meet. Before beginning any session, I engage in a meaningful conversation to understand how the patient is feeling at that specific moment. I seek to learn not only about their symptoms, but about who they are as a person and what they need that day. This “deep dive” allows me to tailor care in a way that is responsive and compassionate.

### **Holistic Presence & Trust Building**

In a clinical setting where patients can often feel defined by diagnosis or treatment, I intentionally create space for them to be seen, heard, and respected as individuals. My work helps move them, even briefly, outside the realm of procedures and into a space of comfort, dignity, and human connection. By building rapport and consistency in care, I foster trust and emotional safety. This bond allows patients to relax more deeply, which enhances both the physical benefits of massage and their overall sense of well-being.

### **Resource Utilization & Adaptability**

I make intentional use of the resources available within the clinic environment, including collaboration with staff, available equipment, and patient support systems to ensure the highest quality of care possible in each moment. I remain flexible and adaptive, understanding that oncology care requires attentiveness to rapid changes in patient condition.