



Nephrology department

Requesting a total contribution of \$3,000 (consultation fee)

This request is to hire a Recreation Therapist (RT) to complete a needs assessment. The purpose of the assessment is to inquire if there is a need for a therapeutic recreation program in the Nephrology department. The request is a consultation fee to evaluate the needs of dialysis patients.

Completing a needs assessment is crucial before starting a new project and hiring new personnel. This will give the department a clear indication if this is necessary.

Once the questionnaire has been formulated by the RT and approved by the Nephrology team, the RT will then introduce themselves to patients and family members in order to conduct the survey. Once the RT has completed the interview process the information will be collated into a presentable report.

The report will act as a critical supporting document, a guide that will assist in defining the needs and desires of the patient population.

The questionnaire will focus on the patients interests and strengths. Thus, giving guidelines as to what type of programming the department should implement, ie: physical, social, cognitive, emotional, or spiritual. Programs can be Music Therapy, Art Therapy, armchair yoga, exercises, crafts, bingo, chess, card games, and social opportunities that will bring people together.

The duration of the assessment: Approximately 90 hours in a 3-4-week span

Interviewing: approximately 150 patients

RT Consultant includes:

- Formulation of the survey;
- The interview times;
- The collation of information.

Therapeutic Recreation, promotes health and wellness in order to increase patient's functioning levels. Therefore, counteracting the social isolation and depression that is being experienced by our patients and their family members.