Robotic Oncologic Surgery at Lakeshore General Hospital

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Lakeshore General Hospital



- Community hospital founded in 1965 with private donations coming from businesses and the public;
- At the heart of the Montreal West Island Community;
- Proud McGill University affiliate;
- Newly open GMFU project (family medicine teaching clinic) will exponentially grow our residency program;
- Full suite of clinical services within a community hospital (cardiology, pneumology, gastroenterology, surgery, oncology, nephrology, etc.);
- Lakeshore emulates quality of care for its patient population.



VOLUMETRICS

Hospital Care Overview at LGH

2023-2024

CAPACITY

255

15 171

PHYSICAL HEALTH

HOSPITALIZATIONS

MENTAL HEALTH HOSPITALIZATIONS

SHORT-TERM BEDS

18 949

OPERATING ROOMS

SURGERIES

ENDOSCOPY PROCEDURES

STRETCHERS IN THE **EMERGENCY ROOM**



38 203

EMERGENCY VISITS

DIALYSIS CHAIRS



22 163

DIALYSIS TREATMENTS

MATERNITY CENTER



1 523

BIRTHS



89 542

MEDICAL IMAGING **PROCEDURES**

8 860

NUCLEAR MEDECINE PROCEDURES

Lakeshore in transformation

Projects Completed:

- Brand new modular emergency room;
- Newly open GMFU project;
- Command Center (2nd deployed in Quebec);
- Robot for orthopedic surgeries (1st Velys Robot in Quebec);
- Artificial intelligence to personalize patient nutrition (1st in Quebec);
- Hospital at home Virtual Monitoring (2nd in Quebec);
- Artificial intelligence in radiology (1st in Quebec);
- Innovation in respiratory therapy –
 Al-assisted oxygen therapy (1st in Canada);
- Virtual reality Treating ICU patients (1st in Canada).



Lakeshore in transformation

Upcoming Projects:

- Simulation center with smart mannequin and McGill VR (immersive learning);
- Ultraviolet sterilization AI robot (1st in Quebec);
- Hospital cleaning robot;
- Super Sublime (VR Headset)

 Treating anxiety
- Brand new 38,000 sqft emergency room by 2028



Cleaning robot

VR headset

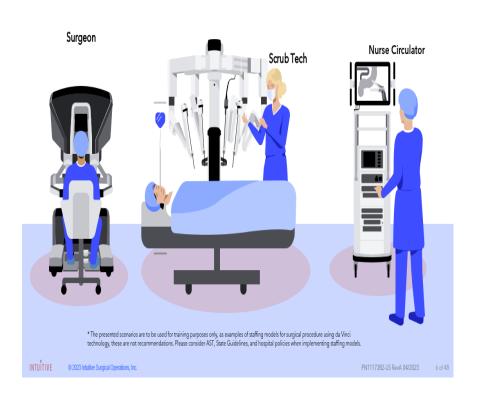




Where the future simulation room will be



What is Robotic Surgery?



- Robotic surgery, a.k.a. RAS, refers to a minimally invasive surgical technique where specialized robotic systems allow the surgeon to perform procedures with superior precision and control.
- Robotic surgery is superior to open surgery and conventional laparoscopy, as it combines the surgeon's own skills with the robotic platform to improve the quality and safety of procedure.
- More than 8 hospitals in Quebec use an RAS in both community and university hospitals.



Overview of Oncology Program at LGH



Increased complexity of cases due to aging population, comorbidities and increased body mass index .



LGH is about ensuring proximity of care, we offer a full suite from medicine, surgery to diagnostic for our patients.



West Island patients who need access to some specialized or ultra specialized care (ex: robotic assisted surgery) are subject to long, and often hazardous, wait times at other institutions.

Cancer Types at LGH:

- Breast Cancer
- Thyroid Cancer
- Melanoma
- Lymphoma
- Colon Cancer
- Rectal Cancer
- Prostate Cancer
- Renal Cell Carcinoma

Technical benefits of RAS

Precision

Robotic surgical instruments are specially designed to replicate the surgeon's hands' range of motion while filtering out tremors or unintended movements.



Three-dimensional visualization

- High-quality 3D visualization of the surgical field, offering depth perception and spatial awareness that surpasses traditional 2D laparoscopy.
- Improved ability to navigate anatomical structures safely and accurately.
- Allows for better identification of critical structures and precise instrument placement



Improved access to the narrow pelvis

Critical for colorectal surgery, prostate surgery and gynecologic surgery



Enhanced dexterity

- The robotic arms can rotate 360 degrees and allow a greater range of motion.
- Critical for working in small confined spaces and performing complex tasks.





Patient Care Benefits with RAS



- Shorter patient hospitalizations;
 - Many surgeries performed robotically can be performed as day surgery;
- Smaller surgical incisions with improved recovery;
- Reduced intra-operative blood loss and decreased need for transfusion;
- Decreased post-operative pain;
- Decreased length of stay (LOS);
- Faster return to work and activities;
- Decreased emergency room visits and re-admissions;
- Improved cancer control;
- Improved bowel, bladder and sexual function.

Since 1998, over 18,000 peer-reviewed publications and over 2,900 comparative studies with a high level of scientific evidence have demonstrated the clinical benefits of Robotic Surgery.



Applications of Robotic Assisted Surgery at LGH

Urology & Gynecology

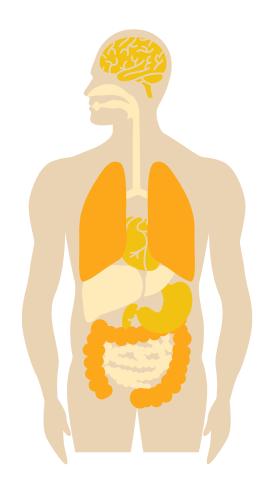
- Surgical procedures that we are doing at LGH in minimal invasive surgery would now be feasible with RAS
- Two new surgeries could now be available at LGH with RAS:
 - In urology Prostatectomy
 - In gynecology Hysterectomy

Colorectal Surgeries

 Surgical procedures that we are doing at LGH in minimal invasive surgery would now be feasible with RAS

General Surgery & ENT

 Non-oncological surgical procedures also feasible with RAS





Stronger Surgical Team with RAS



Surgical team

Allowing this state of the art surgery to be performed at the LGH will **attract, recruit and retain the best young graduates** to join the team, as more complex procedures will be performed.



Nursing

As young nurses wish to be part of the current standard of care, and form a dedicated team of nurses sub-specializing in RAS, which is a natural addition to laparoscopic and laser guided surgical programs (MIS – minimally invasive surgery)



Teaching

The LGH is a **RUIS McGill affiliated teaching center**, the RAS Program **increases availability for medical education** not just in the department of Surgery, by also Anesthesiology & Pain Management, Nursing, Technicians and Technologists.



Research

RAS program will work seamlessly with McGill University, Cedars Cancer Centre, Rossy Cancer Network, and Goodman Cancer Centre to **provide impeccably integrated cancer care for West Island cancer patients**, and **provide access to research protocols when available.**



Cost of Projects



Medtronic



Acquisition by

2025

Why we need Robotic-Assisted Surgery at LGH?



Robotic-Assisted Surgery has evolved beyond the experimental stage, and is now considered standard of care in pelvic surgery. Patients are increasingly seeking access to surgeons and hospitals with access to this technology.



Lakeshore General Hospital has an opportunity to **become a center of excellence in advanced minimally invasive surgery** for its growing population.



Lakeshore has experienced surgical teams ready to utilize this technology that will lead to improved patient outcomes, increased surgical efficiency, decreased surgical waitlists and result in health care system savings.



Access to Robotic-Assisted Surgery will **strengthen our academic mission and partnership with McGill University**, allowing Lakeshore to **attract and retain top talent** in medicine, nursing and respiratory therapy.



Our hospital must be part of the technological evolution that is extending the capabilities of health teams to **provide excellence in patient care.**





Thank You!

