



LAKESHORE LINK

MAY 2017

It was a day like any other until...

A brain aneurysm burst leaving Lucie Brodeur weak and befuddled

On December 9, 2014, Lucie Brodeur, age 46, went to the gym, ran a few errands and attended a meeting downtown. Back home, she sat down in her living room to read and wait for her husband before starting dinner. That is when her life turned inside out.

Ms. Brodeur had a sudden, excruciating headache. The unbearable pain, centred right behind her eyes was like nothing she had ever experienced. Something was seriously wrong. She called her husband for help, but he was stuck in traffic. She called her dad. He rushed over to find his daughter lying on her bed. She didn't answer when he called out her name. He dialed 911.

Life can change in an instant

"I was very active and healthy and then bang, I'm on the floor unconscious, suffering a hemorrhagic stroke and heart attack virtually simultaneously. A brain aneurysm burst and my entire life exploded," Ms. Brodeur says.

She needed emergency brain surgery to staunch the bleeding and then she needed a whole lot of patience on the long road to recovery at the Lakeshore General Hospital (LGH). The nurses and social workers helped her regain her physical stamina and overcome lingering cognitive deficits or changes in thinking.

One consequence of the hemorrhagic stroke was Ms. Brodeur had some odd and, at times, rather fantastic thoughts. She was convinced the Queen of England was about to call. She sat by the phone for hours, patiently waiting. In another instance, she thought her hospital room was a hotel room. One day she flung her towel over her shoulder and announced she was going to the beach.



At the age of 46, Lucie Brodeur suffered a ruptured brain aneurysm. She is profoundly grateful for the care she received at the Lakeshore General Hospital.

"We were overwhelmed by the entire situation. The only thing we could do was support Lucie," recalls Ms. Brodeur's dad, Philippe. "She couldn't do anything. She was like a baby. The care at the LGH was very personal. The nurses and social workers would talk and socialize with her which was amazing. Also, because she was unsteady on her feet, they would get her up and walking. Her care coordinator, was excellent, super-efficient."

Ms. Brodeur spent two months recovering. "It took me a very long time to feel I was back in control of my body, my life. Everyone at the Lakeshore General Hospital deserves major kudos, MAJOR KUDOS," she says.

Today, Ms. Brodeur has made a full recovery and has fulfilled a lifelong dream of opening her event planning and PR company. •

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You are helping save lives! Four new ICU rooms at the LGH



Left to right: Sophie Caron, ICU Head Nurse, Dr. Robert Salasidis, ICU Chief Intensivist, Heather Holmes, Managing Director, LGHF, David Cescon, Co-Chair Board of Directors, LGHF, Geoffrey Kelley, MNA - Jacques-Cartier, Lorne Trottier, Donor, Benoit Morin, President and CEO, CIUSSS de l'Île-de-Montréal, Louise Rousselle-Trottier, Donor, Richard Legault, President of the Board of Directors, CIUSSS de l'Île-de-Montréal, Carlos J. Leitão, MNA - Robert-Baldwin, Morris Trudeau, Mayor of Pointe-Claire.

We opened four rooms in the Intensive Care Unit (ICU) at the Lakeshore General Hospital in January. This was exciting for the Hospital, the Foundation and the Trottier Family Foundation, as it represented the culmination of many months of hard work. A sincere thank you to our outstanding donors and to the Trottier Family Foundation for their amazing generosity.

The health professionals in the ICU confirm they will be able to treat an additional 270 patients per year. Equipped with state-of-the-art medical equipment, these four ICU rooms will literally save hundreds of lives annually.

The ICU treats the most critically ill patients including those suffering heart attacks, strokes, respiratory arrests and those recovering from major surgery. The new facility is also easing overcrowding in the emergency department as severely ill patients can now be admitted more quickly.

The additional rooms were the first of two phases. Phase two will modernize the 11 existing intensive care rooms and merge the eight cardiology beds into a single multifunctional location for optimal efficiency. The Foundation's goal is to raise a total of \$4.9 million to finance this project. The *Ministère de la Santé et des Services sociaux* is covering operating costs.

On behalf of patients and their families, I extend a heartfelt thank you for your tremendous generosity. We couldn't and can't do it without you! Your donations are critical.

Together, we are making a difference and improving the quality of health care for the residents of the West Island community.

Heather Holmes,
Managing Director, Lakeshore General Hospital Foundation

A few words from Louise Rousselle- Trottier during the inauguration of the new ICU rooms.

"The inauguration of these new rooms in the Intensive Care Unit is a major step forward in improving the quality of care and comfort of patients at the Lakeshore General Hospital.

During our visit, we were impressed by the high-quality standards and by the large windows looking directly onto the nurses station, which will make it easier for health professionals to monitor patients in the rooms. The fact that one of the units is designed to prevent the spread of infections is also a tremendous asset.

The Trottier Family Foundation is certainly very proud of its contribution to this important step in achieving an unsurpassed level of excellence in hospital care on Montreal's West Island." •



One of the new ICU rooms.

And the winner of the 2017 Humanitarian Award is... Lakeshore Light Opera!

“We had no idea we were in the running for the 2017 Humanitarian Award. The cast and crew are thrilled and very proud. The award recognizes everything we’ve done in support of the Lakeshore General Hospital Foundation,” says Robert Schaap, President of Lakeshore Light Opera (LLO).

The LLO, a not-for-profit theatrical society has —amazingly— donated the proceeds from its annual performance to the Foundation for the past 42 years. In total, they have given \$192,000 including \$10,000 donated this year alone. The funds have purchased much-needed equipment including hospital beds and fetal heart monitors. For the next few years, the LLO will support the Foundation's campaign which is raising funds for intensive care, geriatric care and mental health.

Mr. Schaap was born at the Lakeshore General Hospital as were his children, so he knows first-hand the vital role the hospital plays. “It is our hospital,” he says. “When we donate to the Foundation, we are helping ensure our friends and neighbours have access to great care. Also, we know hospitals are struggling to make ends meet so it is nice to help out a bit.”

The LLO just finished a six-show run of *Ruddigore*, the story of a man tormented by ghosts and is already preparing to perform the *Mikado* in 2018. While some people might be leery about attending an opera, Mr. Schaap explains LLO shows are similar to Disney movies or Broadway musicals. He promises you’ll leave the theatre humming.

By attending their show, not only will you enjoy yourself, but you will encourage local theatre and support the Lakeshore General Hospital Foundation. BRAVO! •



Dr. Fiore Lalla, Heather Holmes, Fiona Chandler, David Cescon, Robert Schaap and Lindsay McLeod.

Working to improve the lives of residents of the West Island The Foundation’s Board of Directors is a priceless resource



Heather Holmes with the Co-Chairs of the Board of Directors David Cescon and Dr. Fiore Lalla.

The Lakeshore General Hospital Foundation is guided by the dedicated, hardworking members of the Board of Directors who volunteer their time, ideas and expertise to help the Foundation realize its mission—to raise funds to enhance patient care at the Lakeshore General Hospital. The board’s outstanding members represent the community at large and have deep-rooted ties to the West Island.

“Our 16 board members are critical to the Foundation and hospital’s success,” says Heather Holmes, Managing Director,

Lakeshore General Hospital Foundation. “Members are responsible for governance and organizational effectiveness. They ensure donations are spent wisely and that Foundation activities are efficient and successful.”

Members also serve as ambassadors raising awareness of the great work being done by the health professionals at the hospital and by the dedicated team at the Foundation. They serve as advocates opening doors and making critical introductions to potential donors. They generate enthusiasm, assistance and support, as well as fundraise and make personal donations to guarantee the success of campaigns and events.

“I feel very fortunate to be working with such a dedicated and knowledgeable team with expertise in governance, philanthropy, human resources, finance and organization effectiveness,” says Mrs. Holmes. “The success of the Foundation is partly driven by board members. They are a terrific source of energy and motivation. Their community spirit is one of the reasons residents of the West Island have access to exceptional health care close to home.” •

NEWS & EVENTS



Actively participate in our events and Make a difference!

Each year, the Foundation organizes several fundraising events that allow you to actively participate in improving health care for our community. We invite you to enjoy yourself at one or more of the events below, while making a commendable gesture!

20th Annual Golf Tournament – Monday, June 19

Join us on a championship course, at the enchanting Elm Ridge Country Club, for a day of pure pleasure filled with wonderful surprises. Reserve your spot today!



21st Duck Race – Sunday, September 10



This ultimate family event offers an array of activities as well as the possibility of winning great prizes. We have completely renewed the concept; the Duck Race is now part of the West Island Mommies Family Fun Fair. Visit our website for more information and to purchase your ticket.

17th Annual Lakeshore Ball – Saturday, November 11



The Montreal Airport Marriott In-Terminal Hotel will once again host our red carpet event! Put on your finest attire and dance to the sound of a live band, treat yourself to cocktails, a five-course meal and an open bar during this sumptuous evening that will take your breath away! •

For more information, go to fondationlakeshore.ca or call Anne-Marie Milard at 514.630.2081.

WE MOVED!

The team at the Lakeshore General Hospital Foundation moved in March to new offices located in the hospital.

You can't miss us as we are located just to the right of the main entrance. Our mailing address and phone number remain unchanged. Please drop by for a visit or to say hello!



Did you know?

Your great generosity helps us continue to provide excellent health care close to home. We thought it would be interesting to share a few facts and statistics about our community hospital with you.

Designed in 1965 to serve 60,000 residents, the Lakeshore General Hospital now serves a population that has quintupled to nearly 300,000.

The LGH has 255 beds and more than 2,100 employees dedicated to delivering patient-focused diagnosis, treatment and information. The health care team of 250 general practitioners and specialists, 487 nurses and 138 auxiliary nurses is supported by more than 500 dedicated volunteers.

The Lakeshore General Hospital services to West Islanders in 2015-2016 included:

- ◆ 1,6 million lab procedures
- ◆ 86,165 medical imaging exams
- ◆ 42,176 ER visits
- ◆ 39,855 ambulatory care clinic treatments
- ◆ 19,113 hemodialysis treatments
- ◆ 15,816 nuclear medicine visits
- ◆ 11,339 hospital admissions
- ◆ 4,066 oncology treatments
- ◆ 3,376 day surgeries
- ◆ 1,726 births
- ◆ 463 geriatric admissions
- ◆ 339 mental health admissions

Thank you for your continued support!

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