



LAKESHORE LINK

SEPTEMBER 2017

Life after death Saint-Lazare resident survives massive heart attack

Larry Day died twice. There was no bright light; his life didn't flash before his eyes. In fact, he doesn't remember a darn thing.

Mr. Day "died" in mid-December 2009, a few days before his 52nd birthday. He wasn't feeling well and went downstairs for a glass of water. Thankfully his wife Jayne followed.

Sitting at the kitchen table reaching for a cigarette, Mr. Day said, "Getting old sucks!" As if on cue, he collapsed. At first his wife thought he was joking except for the fact he was turning *Smurf* blue. She dialed 911 and started CPR.

"Jayne stayed cool. She saved my life," says Mr. Day. His advice to husbands: "Don't ever let your wife save your life. I am now screwed. I will never win another argument in my life!" he says with a laugh.

Seriously though, Mr. Day implores everyone to learn CPR. "Take a course. You never know when you might be called upon to save a life."

Speaking of saving lives, the ambulance technicians used a defibrillator three times to restart his heart and then rushed him to the Lakeshore General Hospital (LGH). They jolted him again in the ambulance essentially bringing him back to life twice.

The diagnosis, his left anterior descending artery was 95% blocked. As far as heart attacks go, this is the big one. It's nicknamed the *Widow Maker*. Most sufferers don't make it to the hospital alive.



Larry Day recovered fully after a major heart attack. He is most grateful for the exceptional health team at the Lakeshore General Hospital.

The Saint-Lazare resident was rushed to an operating room where surgeons installed three stents. Mr. Day woke up in the LGH Intensive Care Unit.

"I was a terrible patient. I was swearing like crazy and demanding to go home," he recalls. But his foul mood didn't perturb the health team. Mr. Day says his cardiologist Dr. Franco Sandrin and the entire nursing team were "absolutely terrific — incredibly caring, friendly and attentive."

Three days after surgery, on his birthday, Mr. Day went home.

Today, Mr. Day, a radio, television and film personality is doing well. "I used to love smoking, really loved it. My wife has told me in no uncertain terms, she saved my life once and will take it away if I ever light up again!" One thing is certain, Mr. Day's sense of humour has also made a full recovery. •

OUR PARTNER FOR THE COMMUNITY



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OUR PARTNER FOR HEALTH





High-tech care close to home Inauguration of the Multifunctional Radiology Room



(From left to right): Richard Legault (President of the Board of Directors of the Montréal West Island IUHSSC), Dr. Fadi Aris (Chief of the Medical Imaging Department of the Montréal West Island IUHSSC), William Ferguson (Donor), Benoit Morin (President and CEO of the Montréal West Island IUHSSC), Heather Holmes (Managing Director of the Lakeshore General Hospital Foundation), David Cescon (Co-Chair of the Board of Directors of the Lakeshore General Hospital Foundation) and Véronique Rodella (Chief of the Medical Imaging Service of the Montréal West Island IUHSSC)

What a terrific year! In January, thanks to donations from the incredible members of the West Island community, we inaugurated four new Intensive Care rooms. Then in July, we cut the ribbon officially opening a state-of-the-art Multifunctional Radiology Room.

This new room is a remarkable achievement and a reflection of our community's tremendous support and profound attachment to the Lakeshore General Hospital. The room is home to cutting-edge technology including specialized diagnostic equipment, which facilitates image guided procedures with the Artis Zee MP imaging system from Siemens.

The system allows patients to receive the highest quality of care close to home. They will no longer need to be transferred or to travel downtown for procedures. The new technology can also provide an alternative to conventional or 'open' surgery, which for patients means shorter wait times, a faster, less painful recovery and fewer days spent in the hospital. It will have an immediate and profound impact on several departments, namely: surgery, nephrology, oncology, emergency and obstetrics.

Projects like this give full meaning to our mission and reaffirm our sense of purpose. We wish to express our gratitude to the community and in particular to the Eric T. Webster Foundation for their vision and for providing immeasurable support every step of the way. Without them, this project would not have seen the light of day.

We are proud to help improve lives... change lives... save lives.

**Heather Holmes,
Managing Director, Lakeshore General Hospital Foundation**

New Multifunctional Radiology Room will significantly impact patient care

As the population on the West Island expands, more and more residents are counting on the Lakeshore General Hospital for vital, life-saving care. To meet the community's growing needs, the hospital opened a high-tech Multifunctional Radiology Room, with the Lakeshore General Hospital Foundation's financial support.

"This is a critical investment as the new technology is enhancing care provided to patients across all medical and surgical disciplines," says Dr. Fadi Aris, Chief of the Medical Imaging Department and the driving force behind this project. "We can now provide minimally invasive procedures under image guidance. This will reduce the length of hospitalization for surgical patients and decrease the rate of complications."

For patients who have had a kidney transplant or who are suffering from kidney stones, physicians can now more easily relieve blockages of the urinary tracts due to stones and scarring.



Dr. Fadi Aris, Chief of the Medical Imaging Department, during the grand opening of the Multifunctional Radiology Room.

For those living with cancer, time will be saved in diagnosing and staging the disease by providing timely biopsies to complement the hospital's full-diagnostic imaging capabilities. In addition, doctors will be able to install and care for the vascular access required for chemotherapy.

"The spectrum of care this technology can offer is endless and will be tailored to the needs of our community," says Dr. Aris. "I look forward to putting this technology to the service of our patients and to continue improving care for residents of the West Island." •

Meet Joseph Maxwell

Philanthropist and Duck Race Ambassador

When you meet Joseph “Joe” Maxwell you are mesmerized by his Scottish accent and stunned when he reveals his age.

This bubbly, dynamic, go-getter doesn’t look a year over 70, but he is actually 92-years-old. And to top it off, this year, Joe was our Duck Race ticket-sales champion. He raised over \$2,000 for the Lakeshore General Hospital Foundation. Quite a feat!

What’s the secret to his vitality and youthfulness? “Mostly good genes,” he says with a smile. His goal is to outlive his aunt who lived to age 107.

From Scotland to Montreal

Joe met his wife Winifred in Scotland and they married in 1950. They had two children. Joe ran a flourishing window-cleaning business. In 1981, the couple moved to Montreal, to be close to their daughter, her husband and their children. He went back into the window-cleaning business opening shop on the West Island where he quickly

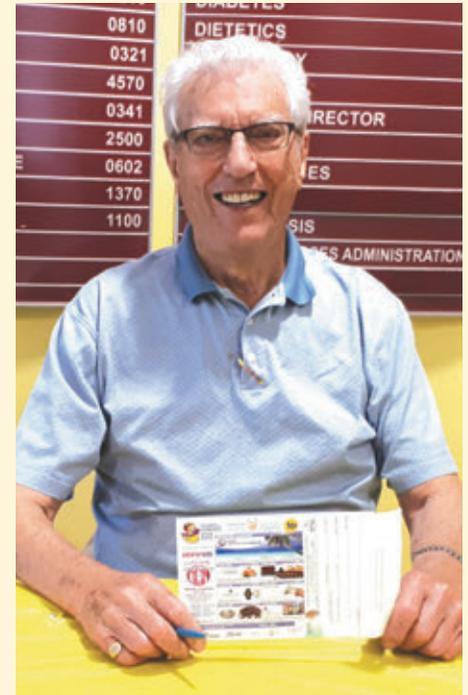
developed a loyal clientele. For many years, Joe took care of his wife as her health deteriorated. Sadly, Winifred passed away in 2015.

Giving back is key

Several years ago, Joe embarked on a new ‘career’, he started volunteering. He enjoys giving back to his community, because throughout his life, people have helped and supported him. “You have got to reciprocate,” he says.

In 1989, Joe helped raise \$20,000, when he was President of the Rotary Club of Montreal-Lakeshore. It was the Rotary Club who suggested he volunteer for the annual Duck Race. In 2005, he presented a \$5,000 donation to another charity, funds he had raised in celebration of his 80th birthday.

This toe-tapping, joke-telling, ladies’ man is known to break out in song to coax you into smiling. He encourages everyone, no matter their age, to volunteer. “You are never too old to help others,” he says. •



Buy a duck from “Ducky” Joe Maxwell.

We lost a pillar of the community

Remembering Nick Di Tomaso



Mr. Nick Di Tomaso, pictured in 2016

It is with heavy hearts that we announce the loss of a very dear member of the Board of Directors of the Lakeshore General Hospital Foundation (LGHF). Surrounded by his children, Nick Di Tomaso passed away on June 29, at the West Island Palliative Care Residence. He was 84.

“Nick was a businessman, a volunteer and a great philanthropist. In 2016, the LGHF proudly presented him with the *Humanitarian of the Year Award* in recognition of his outstanding contributions, unwavering commitment and true passion for the betterment of the West Island community. Our condolences go out to his family. His loyalty

and generosity will be remembered and his gifts appreciated for many years to come,” says Heather Holmes, Managing Director of the LGHF.

Nick’s dedication and support spanned decades. He helped raise millions of dollars to improve health care for residents of the West Island. He played an instrumental role in obtaining public funding to expand the hospital’s ambulatory care centre and helped fundraise to renovate and enlarge the hospital’s birthing centre, which was named in his honour.

He will be missed. •

NEWS & EVENTS



Foundation events

Time for fun, networking and giving!

Each year, the Foundation organizes a number of events to help raise much-needed funds to improve health care for West Islanders.

Golf Tournament

We are extremely proud of the outstanding success of this year's Golf Tournament, which was presented by RBC Wealth Management at the beautiful Elm Ridge Country Club in Île-Bizard. We raised \$157,000! A special thank you to our golf committee, Co-Chaired by David Cescon and Renée Yardley, who worked tirelessly on this fun-filled event.



Two other fundraisers are coming up

17th Annual Lakeshore Ball - November 11



The annual *Lakeshore Ball* is being held on November 11th at the Montreal Airport Marriott In-Terminal Hotel. The 17th edition promises an evening of fabulous food, fine wine and live entertainment, not to forget the great silent auction items. This year's theme is the "Magic Forest". Put on your dancing shoes and join us for a terrific evening.

The Lakeshore Virtual Holiday Tree

Between November and December, we invite you to visit our website and select a special ornament to add to our virtual Holiday Tree. Your generous donation will fill the tree with colourful balls, candy canes, stockings or bells. To help decorate the tree and save lives, simply visit the Foundation's website at Fondationlakeshore.ca



In keeping with the Holiday spirit...

Why not share your organizational skills by putting together a fundraising activity to benefit the Lakeshore General Hospital Foundation and support the patients of the LGH. If you wish to give back to the community, please give us a call, and we will be more than happy to help you lead the way as you plan a fundraising event for us.

For more information, or to purchase tickets, go to fondationlakeshore.ca or call our Event Manager, Katherine Jolin at **514.630.2081, extension 3**.

Thank you!

Your donations are making a huge difference

Thanks to your generosity, we raised \$4,876,828 surpassing our financial objective for 2016-2017. Your donations to the Foundation contribute to our community's well-being by allowing us to purchase life-saving medical equipment, improve patient care and upgrade facilities for now and for the future.

The following are only a few examples of hospital improvements and purchases you helped make possible:

- ◆ Four new Intensive Care rooms and equipment
- ◆ Phase 1 of the new Multifunctional Radiology Room
- ◆ Ultrasound machines for the Emergency Room
- ◆ Video bronchoscope for the Emergency Room
- ◆ Communication equipment for the Emergency Room
- ◆ Technigas pulmonary inhalation system
- ◆ Modernized equipment for the Operating Rooms
- ◆ Equipment for the Psychiatric Unit

Life can change in an instant

All gifts, big or small, help create a healthier community for us all. Not only do your donations improve lives, they save lives. On behalf of the thousands of West Islanders who rely on the Lakeshore General Hospital for care each year, the Foundation thanks you for your continued support.



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